

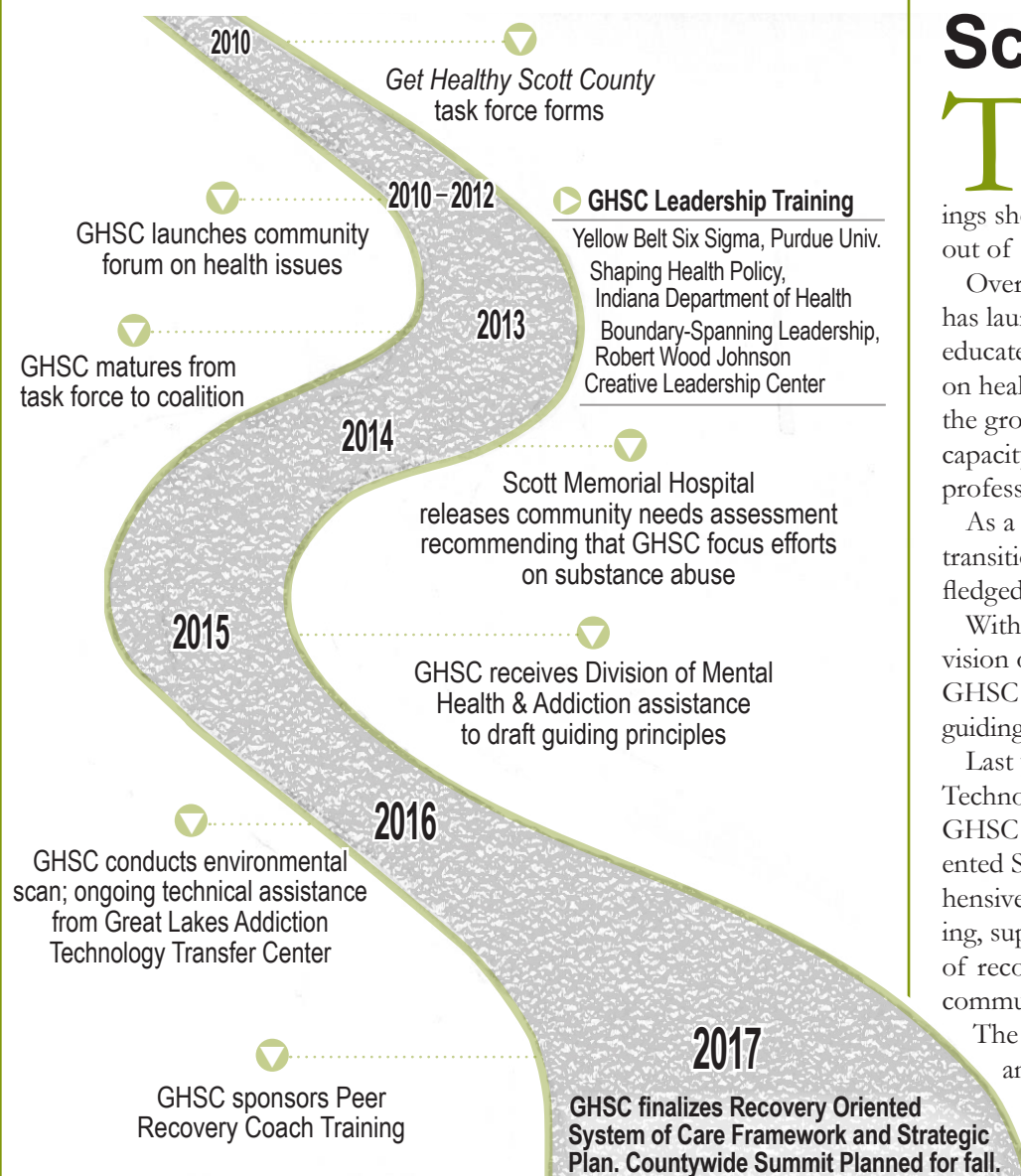
Scott County

A community of recovery and transformation



Get Healthy Scott County | Founded in 2010 | Scott County, Indiana

PATH TO RECOVERY



About us

Get Healthy Scott County

The Get Healthy Scott County (GHSC) Task Force formed in 2010 after state health rankings showed that our county ranked 92 out of 92 counties in Indiana.

Over the past seven years, GHSC has launched a proactive initiative to educate and engage the community on health issues. In this same time, the group has enhanced its leadership capacity through grants, training and professional collaborations.

As a result of its efforts, GHSC transitioned from a task force to a full-fledged coalition in 2013.

With assistance in 2015 from the Division of Mental Health & Addiction, GHSC updated its vision, mission and guiding principles (see Page 4).

Last year, the Great Lakes Addiction Technology Transfer Center assisted GHSC in developing a Recovery Oriented System of Care and a comprehensive strategic plan to address housing, support groups, job training, paths of recovery, family support, youth and communication.

The Recovery Community became an integral part of GHSC in 2017. GHSC will release its complete strategic plan later this year.

Get Healthy Scott County Leadership Team: Jene Bridgewater, Executive Director, Scott County Partnership, Inc.; Lori Croasdell, Coordinator, CEASE of Scott County, and Marketing & Outreach Coordinator, Scott County Partnership, Inc.; Michelle Goodin, Administrator, Scott County Health Department; Michelle Kory, Executive Director, CRADLE; Jamie Raichel, Coordinator, Drug-Free Communities; Tammy Walker, Scott County Extension Educator, Purdue Extension.

Vision, Mission and Guiding Principles

Vision “Together Scott County will be a community of abundant life and dignity where recovery is always possible.”

Mission

This group provides structure and support to individuals, families, and the Scott County community as it relates to substance abuse prevention, treatment, and lifelong recovery by:

- ▶ Creating a comprehensive system of care that is easily accessible from multiple entry points without barriers;
- ▶ Increasing education and awareness to decrease discrimination and stigma of substance use disorder;
- ▶ Considering and treating childhood trauma as a root cause; and
- ▶ Mobilizing primary care providers, faith community groups and service providers to meet basic health and wellness needs.

Get Healthy Scott County members represent healthcare, schools, businesses, physicians, substance abuse coalitions, fitness organizations, human service groups, law enforcement and others concerned about health. Making Scott County a GREAT place to live and influencing future generations to make healthy choices is our priority. We have more opportunities and resources than ever before. Change will come by working together for the good of all.

For more information, visit the Scott County Partnership website:

<https://scpartnership.org/get-healthy-scott-county-coalition/>

You may also email jene.bridgewater@scottcountypartnership.org or call 812-752-6365.

Guiding Principles

- 1** All services respectful and with dignity
- 2** Open to all treatment and recovery options
- 3** Support the wellness of each other as we support the wellness of others
- 4** Value all viewpoints; remove personal biases
- 5** Utilize best practices
- 6** Inclusive of people affected by Substance Use Disorder
- 7** Continuous education of the public about the disease

GHSC Future Goals

AREA	GOAL
Programming, Education and Support for Families and Community	All Scott County residents will embrace a culture of recovery for individuals and families.
Multiple Paths for Treatment and Recovery	Every person affected by substance misuse will have appropriate knowledge and access to treatment.
Support Groups	There will be two recovery-oriented support groups happening every day in Scott County.
Youth	Every child and teen in Scott County will have access to prevention, intervention, education and recovery services.
Transportation	All Scott County residents will have access to and knowledge of the transportation system available in Scott County.
Housing	All Scott County residents will have access to and knowledge of safe and affordable housing.
Job Training	We will have a healthy work force that is able to find appropriate skill-level jobs.

RECOVERY IS BEAUTIFUL

Scott County's recovery stories give hope that recovery is possible, that transformation from bondage to substances to a fuller, freer life is possible, and that Scott County is becoming a culture of recovery.



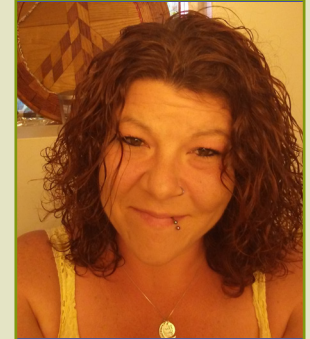
Tony Amick
Production Supervisor
April 26, 2012*



Debbie Whitlock
Nurse
July 9, 2002*



Tim Williams
Minister/Peer Recovery Coach
Nov. 6, 2011*



Kelly Dean
HIV Tester/Peer Recovery Coach
March 17, 2015*



Jacob Howell
Construction
June 2, 2015*

“Recovery is possible. I am living proof. Don’t give up. It may take several times but you can do it just like I did.”

—Jacob Howell



Jeremy and Linda Thomas
Carpenter and Stay-at-Home Mom
July 1, 2010 and Dec. 26, 2013*



Anthony Pastrick
Linkage to Care Coordinator/
Peer Recovery Coach
February 3, 2015*



Evan Hutchinson
Expediting Director, Fort Wayne
Salvation Army Adult Rehabilitation Center
Oct. 12, 2014*

*Sobriety date

STRENGTHENING SCOTT COUNTY



“The Get Healthy Scott County Coalition has been an integral part of spearheading recovery efforts in the aftermath of extreme challenges the past several years. This coalition has been instrumental in supporting the work I have been doing as one of the law enforcement leaders in Scott County. Their support for me and my work as Scott County Sheriff has been remarkable, as I have advocated before the county commissioners for increased recovery services in Scott County. The opportunities for networking among community agencies has expedited the implementation of necessary services at our jail, including HIV Testing, HIV Care Coordination, and the Recovery Works program. My involvement with the coalition has been a tremendous asset to my work and their leadership in the county is unmatched.”

— Dan McClain, Scott County Sheriff

“The education that the GHSC group has provided has helped me look at things from a public health perspective. I have shared the information learned with many in our community who do not look at it from this perspective. The GHSC group helped Hope to Others Church collaborate in order to find ways to help our community. The recovery programs located at our facility have been going strong with the help of the group sharing our recovery information to many others in our community to try to fill the need.”

— Billy Snowden, Pastor at Hope to Others (H2O) Church, Austin, IN



“I have lived in Scott County my whole life, but once I took on my new role as the Administrator for the Scott County Health Department, it was almost like learning about a new world. The Get Healthy Scott County Coalition helped familiarize me with the recovery efforts being made in the community and all the partnership is doing to combat outcomes caused by addiction. They have truly taught me so much more about my community.”

— Michelle Goodin, Scott County Health Department

“GHSC has been instrumental in helping me to acclimate and be more effective in my new role that began in December 2016. By providing relevant information that is specific to the Scott County community, GHSC has allowed me to better understand community resources, relationship dynamics and has provided another avenue in which to contribute to solutions in a real, tangible and meaningful way.”

— Jamie Raichel, Drug-Free Communities Coordinator



“Get Healthy Scott County has helped me transition back into society. They made me feel comfortable and not judged by my past. They gave me the encouragement to continue to better myself through my recovery and through the community.”

— Kelly Dean, Recovery Community

Promoting Community Awareness and Education

■ **Stigma Reduction** is starting to be embraced; many people thriving in recovery are willing to share their stories in hopes of reducing the stigma surrounding addiction and recovery.

A change occurring in the Scott County mindset is that addressing addiction is everyone's issue; groups are creating community ownership in perception and positive messaging.

We have begun to address the stigma surrounding mental illness and addiction. We are educating the county to use de-stigmatizing language. The following hashtags promote stigma-free messaging:

#RecoveryIsBeautiful
#RecoveryCanHappen
#ScottCoRecovers
#StigmaFreeScottCo

■ We are restoring **Scott County's Community Self-Esteem**; we have a long way to go, but are starting to become a "Culture of Recovery."

Stigma changes when communities recover out loud. Rather than hiding or denying their loss, people are beginning to talk openly about what is happening and moving forward with positive community changes.

We are working on our **Culture of Recovery**: becoming an informal social network in which group norms reinforce sobriety and long-term recovery from addiction.

■ The **Recovery Community** is planning to paint two recovery murals, one in Austin and the other in Scottsburg, with the assistance of the Scott County Arts Council.

■ **More services are available:** LifeSpring Health Systems mental health/treatment satellite office and primary care medicine in Austin, Centerstone, Foundations Family Medicine, AIDS Healthcare Foundation, and National Youth Advocate Program.

SYRINGE EXCHANGE PROGRAM

Impact of Harm Reduction Advocacy

■ SEPs provide people who inject drugs with referrals to drug treatment, detoxification, social services and primary health care.

■ Increasing sterile syringe access through SEPs is essential to reducing syringe sharing among injection drug users and decreasing rates of hepatitis C and HIV/AIDS transmission.

■ SEPs offer the following significant benefits:

- Stop the spread of HIV and hepatitis C.
- Decrease devastating effects of skin, soft tissue and organ infections.
- Provide a means of contact with injection drug users with the hope of contributing to their eventually successful cessation of drug use through treatment referral.

Scott County Recovery Support Groups

As of 7/1/17

See www.scease.org or www.scpartnership.org for complete meeting schedules.

- | | |
|---|--|
| ▶ AA Open Discussion, Mondays, Scottsburg | ▶ NA "Hope For Us" Open Discussion, Thursdays, Scottsburg* |
| ▶ NA "Never Alone" Open Discussion, Mondays, Austin* | ▶ AA, Thursdays, Scottsburg |
| ▶ AA Closed Women's Discussion, Tuesdays, Scottsburg | ▶ Recovery Support, Fridays, Austin (food, coffee, support) |
| ▶ Celebrate Recovery, Tuesdays, Austin | ▶ AA Sober A.M., Fridays, Austin |
| ▶ Women's Empowerment Group, Wednesdays, Austin (dinner provided) | ▶ Hope Over Dope, PEERS Recovery Support Group, Fridays, Austin (dinner provided)* |
| ▶ AA Closed Discussion, Wednesdays, Scottsburg | ▶ AA Closed Discussion, Saturdays, Scottsburg |
| ▶ AA Water Under the Bridge, Wednesdays, Austin | ▶ NA "Hope For Us" Open Discussion, Saturdays, Scottsburg |
| ▶ Journey to Wholeness, Wednesdays, Scottsburg | ▶ Celebrate Recovery, Sundays, Scottsburg (coming soon) |

AA = Alcoholics Anonymous

NA = Narcotics Anonymous

*** 500% increase in participation and more than triple the number of recovery groups over the last three years**



FRIENDS OF SCOTT COUNTY

Centerstone

Clark County (Indiana) CARES

Covering Kids & Families of Indiana

Mike Everett, Scott Memorial Hospital

Fairbanks Alcohol & Drug Addiction Treatment Center

Great Lakes Addiction Technology Transfer Center

Green County (Indiana) Hospital

Haven House Homeless Shelter

Indiana Division of Mental Health and Addiction

Indiana Prevention Resource Center

Indiana Recovery Council

Indiana State Department of Health

Jackson County (Indiana) Drug Free Council

Carrie Lawrence, assistant researcher, IU School of Public Health, Bloomington, Project Director – Project Cultivate, Rural Center for AIDS/STD Prevention Fellow

LifeSpring Health Systems

Henry Lozano, non-profit executive and grassroots organizer, served at White House as Deputy Assistant to the President and Director of USA Freedom Corps

Our Place Drug & Alcohol Services, Inc.

Perry County (Indiana) Systems of Care Coalition

Portsmouth City (Ohio) Health Department

Sam Quinones, Nationally acclaimed author of *Dreamland*

Washington County (Indiana) Substance Abuse Council Task Force

Stand with us



▲ Scottsburg High School Key Club

Austin High School Dimensions Show Choir ▼



#StandWithUs

“My community is my home. The people. The places. They make me who I am. It’s something I love. It’s a place I want to make better. That’s why we’re coming together, standing up for our community, making our voices heard. Most of us are avoiding the dangers of prescription drug abuse. Each of our stories, our memories, creates a picture of who we really are. WE are the future of Scott County and we will STAND and be heard!”