

Curriculum Based Support Group

CBSG® Program Curriculum Adaptations



The Scott County Partnership partners with SCSD1 & SCSD2 to teach substance prevention to every student in Scott County. The goal is to increase protective factors and decrease risk factors to help students build knowledge, resilience and resist peer pressure. Building healthy relationships and maintaining good mental health are essential key components to help lower the risk of substance use.



What is CBSG

The Curriculum-Based Support Group (CBSG) Program is a unique, multi-cultural, evidence-based preventive intervention. The program is designed for children and youth, ages 4-17. The program addresses risk factors, situations, attitudes and behaviors that place them at elevated risk for future behavioral and health problems including substance abuse, delinquency and violence.

SCSD1 & SCSD2

The Scott County Partnership teaches CBSG in both school districts. In district 1, the 12 lessons are taught to freshmen students. In district 2, the curriculum is taught in a small group setting. The evidence based program help students to cope in difficult family situations, resist negative peer pressure, respect others, set and achieve goals, make healthy choices, and understand the need to refuse substances.

The CBSG® Program Major Messages

